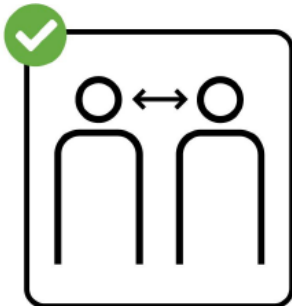


# Travel safely by train, bus, tram, boat and cableway: How to protect yourself on public transport.



## Keep your distance.

Stay at 2 metres from others:

- at stops and stations,
- at ticket counters and ticket machines,
- during the journey.

Leave room for others when getting on and off.



## Wear a face mask.

Bring your own face mask.



## Avoid rush hour.

Rush hour is from 6am to 9am and from 4pm to 7pm.

Lots of people travel at these times.

**Do not** travel during rush hour.

Take vehicles with few people on them.



### **Buy tickets on the internet.**

Plan your trip:

- Look up the timetable on the internet.
- Buy the ticket on the internet or at a ticket machine.
- Pay by card.



### **Follow hygiene rules.**

The hygiene rules are important.

For example:

- Wash your hands with soap.
- Sneeze or cough into the crook of your arm or into a tissue.
- Are you ill? Then stay at home.



### **Rubbish.**

Cleanliness is very important.

We clean the vehicles a lot.

Please help us:

Take your rubbish when you get off.

Throw the rubbish into a bin outside.